



Summer 2025

Derbyshire Dementia Information & Advice Service

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Derbyshire Information and Advice Service offers a range of support to anyone affected by dementia, including carers - you don't have to wait for an official diagnosis, we can support from the time you are worried about your or a loved one's memory.

In addition to 1:1 tailored information from our local Dementia Advisers, we hold regular online carer information sessions, a separate online forum for Young Onset Dementia, have co-production meetings, and we deliver Memory Cafes and Singing for the Brain sessions in venues across Derbyshire.

Visit our website dementiaderbyshire.org.uk from time to time to see our latest information.

Contact us:

01332 208845 (Mon-Fri, 9am-5pm except bank holidays)
OR email: derbyshire@alzheimers.org.uk

Welcome.....

We're very happy to welcome Charlotte to the Derbyshire team

Charlotte says

"I'm really pleased to be joining the Alzheimer's Society team in Derbyshire as a Dementia Adviser. Having supported a loved one with dementia, I understand how important it is to have the right advice, information and support at the right time. I'm passionate about helping others navigate this journey and am looking forward to working together to make a positive difference in the local community."



**Charlotte Wilson
Dementia Adviser**

New carers group in Chapel-en-le-Frith

On 9th June Blythe House in Chapel-en-le-Frith started a new carer drop-in session.

Blythe House has been in collaboration with other services in organising the new group – Derbyshire Dementia Information and Advice service (Alzheimer's Society) and Derbyshire All Aged Carer Support Service have been involved and were present at the first session.

Seven carers attended the first event and there was a real buzz of conversation in the room. Barbara White, dementia adviser in the High Peak spoke to some previous service users and made some new connections with people caring for relatives who were experiencing memory problems but without a formal diagnosis. Several of the carers took away information about dementia.



Carers had the opportunity to speak freely with other carers and professionals from the services attending. The carers in attendance expressed how useful the afternoon had been.

The group will run 1.30 to 3.30pm on the second Monday of every month

Drop-in sessions dates : Mondays 14 July, 11 Aug, 8 Sept, 13 Oct, 10 Nov, 8 Dec 2025

To keep up-to-date with new groups and 'one-off' events, visit our local website
dementiaderbyshire.org

May was Dementia Action Week...

You might have heard us on the radio....



One of our Dementia Advisers, Kirsty Hague, made a guest appearance at Radio Derby's Ian Skye 'Your Say' show on Mon 24th May as part of the BBC's dementia week

Or spoken with us at an event



11:30AM	- SPEAKER - LISA BYRNE - ALZHEIMER'S SOCIETY
	ONSET DEMENTIA GROUP
11:45AM	- SPEAKER - JANE PARSONS CHESTERFIELD CARE GROUP
	DEMENTIA SERVICES IN CHESTERFIELD
12 NOON	- FALLS PREVENTION SUPER 6 EXERCISE
	BALANCE AND STRENGTH
	6 SIMPLE THINGS YOU CAN DO IN YOUR OWN HOME TO BE STEADY ON YOUR FEET
12:30PM	- ST JOHN AMBULANCE SESSION
1PM	- DEMENTIA DANCE SESSION - SAMANTHA MEDLEY
1:30PM	- DOWN MEMORY LANE - UKELELE GROUP
2PM	- SINGING FOR THE BRAIN - RHYS ALZHEIMER'S SOCIETY

We had an information table, delivered a presentation on Young Onset Dementia, and ran a 'Singing for the Brain' taster session at Chesterfield's Memory Market Place Dementia Day event at the Football Stadium

...we attended events across Derbyshire, such as this one in Bolsover library



...and continued into June with a focus on carers, attending at events such as Derbyshire Carers Association roadshow in Crich



To keep up-to-date with new groups and 'one-off' events, visit our local website
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Young Onset Dementia Forum – ONLINE ONLY

Our Young Onset Dementia session is an informal but informative session developed for people living with dementia under the age of 65. Each session is an opportunity to share information and advice and is an opportunity to talk to other people all over the county. These sessions are run from 6pm on the first Tuesday of the month.

Who can attend: People affected by Young Onset dementia

Delivered by: Young Onset Dementia Adviser

Carers Engagement – ONLINE ONLY

Our online carers engagement session is a informative session developed for carers of people with dementia. Each session is dedicated to a specific topic where information and advice is shared followed by an opportunity for open discussion between carers in a safe and informal environment. These sessions are run in the evening on the first Thursday of each month.

Who can attend: Carers for people with a dementia diagnosis & those awaiting a diagnosis.

Delivered by: This session is co-produced with Derbyshire Healthcare NHS Trust and so a representative from the NHS will be on hand alongside our Group Facilitator.

Co-production groups – MIXTURE OF FACE TO FACE & ONLINE

Derbyshire Dementia Information and Advice Service co-production group is co-produced alongside other local statutory and non-statutory organisations, for example Derbyshire County Council. People with lived experience of dementia can attend the group to take part in discussions and have their voices heard, which in turn will help shape the future dementia services in Derbyshire.

Who can attend: Derbyshire residents with lived experience of dementia

Delivered by: Co-production leads, including a team member from Derbyshire Dementia Information and Advice Service

Meetings schedule for the remainder of 2025:

21 July	2.30-4.30pm	focus: Technology Enabled Care
22 September	2.30-4.30pm	focus: Dementia Related NHS Services
24 November	2.20-4.30pm	focus: to be agreed

To request more information about the meetings, please phone us on the number below

*For all our groups it is important that you book a place, so if you are interested please contact us on **01332 208845** (Mon-Fri, 9am-5pm except bank holidays)*

Due to limited places, access to face-to-face groups is on a pre-booked basis only

If you are eligible and would like to attend one of our groups please contact us on 01332 208845

Please note that the groups alternate monthly between a Singing for the Brain session & a Memory Cafe session (i.e. one month its Singing for the Brain and then next month Memory Cafe)

JANUARY, MARCH, MAY, JULY, SEPTEMBER, NOVEMBER

Area	Group	Day & Time	Place
Online	Carers Information Sessions	1st Thursday 5:30pm-7pm	Contact 01332 208845 OR derbyshire@alzheimers.org.uk
Online	Young Onset Dementia forum	1st Tuesday 6pm-7.30pm	Contact 01332 208845 OR derbyshire@alzheimers.org.uk
Amber Valley	Alfreton Singing for the brain	3rd Wednesday 10.30am – 12pm	Alfreton Town FC, North Street, Alfreton, DE557FZ
Bolsover	Bolsover Singing for the Brain	2nd Monday 11am-12pm	Bainbridge Hall Community Centre, Chapel Road, Bolsover S44 6PX
Chesterfield	Chesterfield - Memory Café & Activity Group	4th Friday 10:00-12:00	Chesterfield Fire Station, Spire Walk Business Park, Braidwood Way, S40 2WH
Derbyshire Dales	Matlock Singing for the Brain	1st Tuesday 11:00-12:30	Imperial Rooms, Imperial Road, Matlock DE4 3NL
Erewash	Ilkeston Singing for the Brain	1st Friday 11am to 12.30pm	Ilkeston Fire Station, Derby Road, Ilkeston, DE7 5EZ
Erewash	Long Eaton Memory Cafe & Activity Group	3rd Tuesday 10:00-12:00	Erewash Voluntary Action, Granville Avenue, Long Eaton NG10 4HD
North East Derbyshire	Clay Cross Memory Cafe & Activity Group	4th Monday 1:30-3:30	Clay Cross Social Care Centre, Market Street, Clay Cross S45 9JE
North East Derbyshire	Dronfield Singing for the Brain	3rd Thursday 11:00-12:30	Dronfield Hall Barn, High Street, Dronfield S18 1PX
South Derbyshire	Melbourne Singing for the Brain	1st Monday 11am to 12.30pm	Melbourne Sports Park, Cockshut Lane, Melbourne, DE73 8DG
South Derbyshire	Swadlincote Memory Café & Activity Group	4th Wednesday 10am to 12pm	Oakland Village, Hall Farm Road Swadlincote DE11 8ND

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FEBRUARY, APRIL, JUNE, AUGUST, OCTOBER, DECEMBER

·Please note the following groups will be subject to change or are cancelled

(Bank Holiday) Monday August 25th – Clay Cross (Cancelled)

(Christmas Eve) Wednesday December 24th – Swadlincote (TBA)

(Boxing Day) Friday December 26th – Chesterfield (TBA)

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