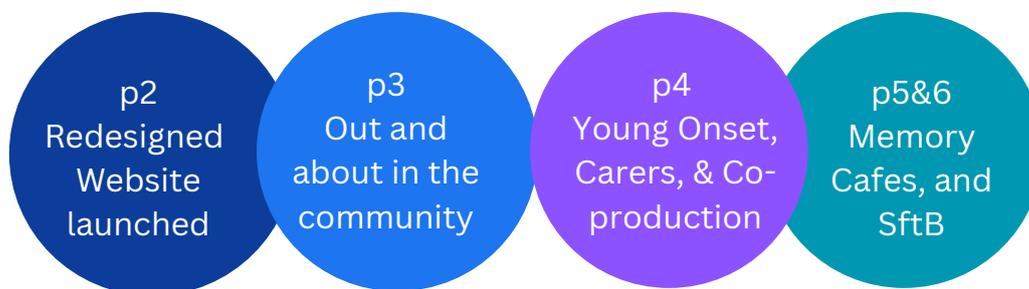


Winter 2025

Derbyshire Dementia Information & Advice Service



Derbyshire Information and Advice Service offers a range of support to anyone affected by dementia, including carers - you don't have to wait for an official diagnosis, we can support from the time you are worried about your or a loved one's memory.

In addition to 1:1 tailored information from our local Dementia Advisers, we hold regular online carer information sessions, a separate online forum for Young Onset Dementia, have co-production meetings, and we deliver Memory Cafes and Singing for the Brain sessions in venues across Derbyshire.

Visit our website dementiaderbyshire.org.uk from time to time to see our latest information.

Contact us:

01332 208845 (Mon-Fri, 9am-5pm except bank holidays)

OR email: derbyshire@alzheimers.org.uk

Redesigned Website launched

Our Derbyshire Dementia Information & Advice Service website, which was originally launched in October 2021, has developed so much over the years, that the content outgrew its domain. The website has now been redesigned and updated, while keeping the familiar feel and the most useful pages and features.

The redevelopment of the website has been supported by Derby City and Derbyshire commissioners, external partners, and has also involved people with lived experience, who have very generously given their time to pilot the new version and provide feedback to help us to improve it further.

The new and improved website has additional features, which include added accessibility features, a search bar, improved navigation within the website, and many other new features.

We hope that you will find the new version easier to navigate and more accessible to use.

The website can be found here at www.dementiaderbyshire.org.uk – and will continue to be updated regularly, to include new groups and services, and topical information.

We hope that you enjoy our new website.



To keep up-to-date with new groups and 'one-off' events, visit our local website
dementiaderbyshire.org

As well as delivering 1:1 support over the phone and at home visits, we are out and about in the community...

You are welcome to come and speak to us at:

Location	Date & time	Event	What to expect
<u>Amber Valley</u> Erewash Voluntary Action, Granville Avenue, Long Eaton	Mon 23 February 10am – 3pm	Joint Derbyshire Mental Health Forum Market Stall Event	A range of organisations and services
<u>Bolsover</u> Bolsover Assembly Rooms, Hill Top, Bolsover, S44 6NG	Thurs 22 January 9.30am-2pm	Wellbeing Event	An opportunity to speak to a Dementia Adviser, alongside other local service providers
<u>Derbyshire Dales</u> Ashbourne Leisure Centre Clifton Rd, Ashbourne	Wed 4 February 10.30 – 12.30	‘Drop in’ information session (no need to book)	An opportunity to speak with a Dementia Adviser, alongside a colleague from Derbyshire All Age Carers Support Service
<u>High Peak</u> Blythe House Hospice, Chapel-en-le-Frith	2nd Monday of month 1:30pm – 3:30pm (‘drop in’)	Carers Drop In (no need to book)	Hosted by Blythe House, an opportunity to talk with representatives from local organisations
<u>South Derbyshire</u> Melbourne Library, Assembly Rooms, High Street Melbourne	3rd Monday of month 2pm-4pm (‘drop-in’)	Drop in, for people with symptoms of dementia and/or their carers	An opportunity to ask questions or have a friendly chat with Dementia Adviser

To keep up-to-date with these and other events, visit our local website

dementiaderbyshire.org

Young Onset Dementia Forum – ONLINE ONLY

Our Young Onset Dementia session is an informal but informative session developed for people living with dementia under the age of 65. Each session is an opportunity to share information and advice and is an opportunity to talk to other people all over the county. These sessions are run from 6pm on the first Tuesday of the month.

Who can attend: People affected by Young Onset dementia

Delivered by: Young Onset Dementia Adviser

Carers Engagement – ONLINE ONLY

Our online carers engagement session is a informative session developed for carers of people with dementia. Each session is dedicated to a specific topic where information and advice is shared followed by an opportunity for open discussion between carers in a safe and informal environment. These sessions are run in the evening on the first Thursday of each month.

Who can attend: Carers for people with a dementia diagnosis & those awaiting a diagnosis.

Delivered by: This session is co-produced with Derbyshire Healthcare NHS Trust and so a representative from the NHS will be on hand alongside our Group Facilitator.

Co-production groups – MIXTURE OF FACE TO FACE & ONLINE

Derbyshire Dementia Information and Advice Service co-production group is co-produced alongside other local statutory and non-statutory organisations, for example Derbyshire County Council. People with lived experience of dementia can attend the group to take part in discussions and have their voices heard, which in turn will help shape the future dementia services in Derbyshire.

Who can attend: Derbyshire residents with lived experience of dementia

Delivered by: Co-production leads, including a team member from Derbyshire Dementia Information and Advice Service

Meetings schedule: please see website or phone 01332 208845

To request more information about the meetings, please phone us on the number below

*For all our groups it is important that you book a place, so if you are interested please contact us on **01332 208845** (Mon-Fri, 9am-5pm except bank holidays)*

Due to limited places, access to face-to-face groups is on a pre-booked basis only

If you are eligible and would like to attend one of our groups please contact us on 01332 208845

Please note that the groups alternate monthly between a Singing for the Brain session & a Memory Cafe session (i.e. one month its Singing for the Brain and then next month Memory Cafe)

JANUARY, MARCH, MAY, JULY, SEPTEMBER, NOVEMBER

- **Alfreton in January is CANCELLED – resumes in February 2026**
- **Swadlincote in January is a week EARLIER, on 21st January 2026**

Area	Group	Day & Time	Place
Online	Carers Information Sessions	1st Thursday 5:30pm-7pm	Contact 01332 208845 OR derbyshire@alzheimers.org.uk
Online	Young Onset Dementia forum	1st Tuesday 6pm-7.30pm	Contact 01332 208845 OR derbyshire@alzheimers.org.uk
Amber Valley	Alfreton Singing for the brain	3rd Wednesday 10.30 – 12noon	Alfreton Town FC, North Street, Alfreton, DE557FZ
Bolsover	Bolsover Singing for the Brain	2nd Monday 11am-12.30	Bainbridge Hall Community Centre, Chapel Road, Bolsover S44 6PX
Chesterfield	Chesterfield - Memory Café & Activity Group	4th Friday 10:00-11:30am	Chesterfield Fire Station, Spire Walk Business Park, Braidwood Way, S40 2WH
Derbyshire Dales	Matlock Singing for the Brain	1st Tuesday 11:00-12:30	Imperial Rooms, Imperial Road, Matlock DE4 3NL
Erewash	Ilkeston Singing for the Brain	1st Friday 11am to 12.30pm	Ilkeston Fire Station, Derby Road, Ilkeston, DE7 5EZ
Erewash	Long Eaton Memory Cafe & Activity Group	3rd Tuesday 10:00-11:30am	Erewash Voluntary Action, Granville Avenue, Long Eaton NG10 4HD
North East Derbyshire	Clay Cross Memory Cafe & Activity Group	4th Monday 1:30-3:00pm	Clay Cross Social Care Centre, Market Street, Clay Cross S45 9JE
North East Derbyshire	Dronfield Singing for the Brain	3rd Thursday 11am to 12.30pm	Dronfield Hall Barn, High Street, Dronfield S18 1PX
South Derbyshire	Melbourne Singing for the Brain	1st Monday 11am to 12.30	Melbourne Sports Park, Cockshut Lane, Melbourne, DE73 8DG
South Derbyshire	Swadlincote Memory Café & Activity Group	4th Wednesday 10am to 11.30am	Oakland Village, Hall Farm Road Swadlincote DE11 8ND

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Please note that the groups alternate monthly between a Singing for the Brain session & a Memory Cafe session (i.e. one month its Singing for the Brain and then next month Memory Cafe)

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Amber Valley	Alfreton - Memory Cafe & Activity Group	3rd Wednesday 10.30am – 12noon	Alfreton Town FC, North Street, Alfreton, DE557FZ
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Erewash	Long Eaton Singing for the Brain	3rd Tuesday 10am-11.30am	Erewash Voluntary Action, Granville Avenue, Long Eaton NG10 4HD
North East Derbyshire	Clay Cross Singing for the Brain	4th Monday 1:30-3:00pm	Clay Cross Social Care Centre, Market Street, Clay Cross S45 9JE
North East Derbyshire	Dronfield - Memory Cafe & Activity Group	3rd Thursday 11am to 12.30pm	Dronfield Hall Barn, High Street, Dronfield S18 1PX
South Derbyshire	Melbourne - Memory Cafe & Activity Group	1st Monday 11am to 12.30pm	Melbourne Sports Park, Cockshut Lane, Melbourne, DE73 8DG
South Derbyshire	Swadlincote - Singing for the Brain	4th Wednesday 10am to 11.30am	Oakland Village, Hall Farm Road Swadlincote DE11 8ND

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All Venues have access to disabled toilets and parking onsite
Refreshments & Drinks are available free of charge