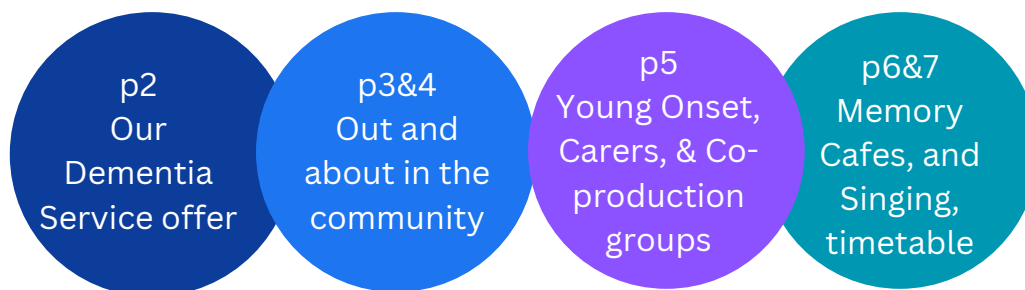




Spring 2026

Derbyshire Dementia Information & Advice Service



Derbyshire Information and Advice Service offers a range of support to anyone affected by dementia, including carers - you don't have to wait for an official diagnosis, we can support from the time you are worried about your or a loved one's memory.

In addition to 1:1 tailored information from our local Dementia Advisers, we hold regular online carer information sessions, a separate online forum for Young Onset Dementia, have co-production meetings, and we deliver Memory Cafes and Singing for the Brain sessions in venues across Derbyshire.

Visit our website dementiaderbyshire.org.uk from time to time to see our latest information.

Contact us:

01332 208845 (Mon-Fri, 9am-5pm except bank holidays)
OR email: derbyshire@alzheimers.org.uk

Derbyshire Dementia Information and Advice Service

You can access our free, confidential service throughout the year

- by phoning us on 01332 208845 (Monday-Friday 9am-5pm, except bank holidays)
(if you are unable to access our service by phone, we may be able to offer a home visit)

OR

- by completing the self referral form on our website
www.dementiaderbyshire.org.uk/contact-us/

OR

- by speaking to us when we have an information table or drop in event out in the community (see next page or our website for upcoming opportunities)

Our service offers a range of information on dementia and advice on managing the condition, to help people with dementia stay independent for as long as possible. We also help people to navigate other available services to find the right support for them.

We can give information on a range of areas, including:

- understanding dementia
- how to get help locally
- maintaining independence
- financial and legal matters
- caring for people with dementia
- changes in relationships and behaviour
- community care
- long-stay care
- a range of support groups for people affected by dementia

We are here for people from the time they are worried about their memory (you don't need an official diagnosis to contact us), whether it is the person themselves or a family member/carer.



To keep up-to-date with new groups and 'one-off' events, visit our local website
dementiaderbyshire.org.uk

Upcoming information sessions near you

You are welcome to come and speak with us at:

LOCATION	DATE & TIME	EVENT	WHAT TO EXPECT
<u>Amber Valley</u> The Potteries Community Hub, Acorn Centre, Station Road, Langley Mill, NG16 4AF	Wednesday 27 May 10am – 11:30am	Wellbeing drop in	Free health and wellbeing drop in, and an opportunity to speak to a Dementia Adviser
<u>Chesterfield</u> Chesterfield Library, New Beetwell Street, Chesterfield, S40 1QN	Thursday 14 May 10am-3pm	Reading Well with Dementia	See the dementia resources available from the library, and to speak with a Dementia Adviser
<u>Chesterfield</u> Main Entrance, Chesterfield Royal Hospital Chesterfield Rd, Calow S44 5BL	Monday 18 May 12noon - 2pm	Dementia Information	An opportunity to speak with a Dementia Adviser
<u>Chesterfield</u> Main Entrance, Chesterfield Royal Hospital Calow S44 5BL	Friday 22 May 12noon - 2pm	Young Onset Dementia (Drop In)	An opportunity to ask questions, take away factsheets, and find out what support is available in your area.
<u>Chesterfield</u> Chesterfield Football Stadium 1866 Sheffield Rd, Chesterfield S41 8NZ	Wednesday 20 May 2.30pm	Football Friends and Memories	An afternoon of fun, making memories for the whole family, plus information stalls from local groups/organisations NB: This event is free, but a ticket is needed for entry
<u>Chesterfield</u> Chesterfield Football Stadium 1866 Sheffield Rd, Chesterfield S41 8NZ	Wednesday 24 June 11am to 2pm	Dementia Awareness Community Event	Browse information stalls, see 'taster' activity sessions, talk to service providers.

For other Derbyshire areas, please see next page ...

Upcoming information sessions near you

You are welcome to come and speak with us at:

Continued from previous page...

LOCATION	DATE & TIME	EVENT	WHAT TO EXPECT
Derby Derby West Indian Centre Carrington St, Derby DE1 2ND	Wednesday 6 May 10.00am to 2.00pm	Dementia Awareness Community Event	Pre & post diagnosis information and support, and meet other local services
Derbyshire Dales Agricultural Business Centre, Agricultural Way, Bakewell DE45 1AG	Monday 18 May 9am – 1pm	Farmers MOT Day	Friendly health & wellbeing advice from a range of services. Opportunity to speak to a Dementia Adviser
Erewash Erewash Voluntary Action, Granville Avenue, Long Eaton NG10 4HD	Monday 19 May 10am-2pm	Equity Diversity & Inclusion drop in	If you or a loved one is experiencing memory loss or dementia, our Dementia Advisers can offer information
High Peak Blythe House Hospice, Eccles Fold, Chapel-en-le-Frith, High Peak SK23 9TJ	2nd Monday of month 1:30pm – 3:30pm (‘drop in’)	Carers Drop In	Hosted by Blythe House Hospice, it is an opportunity to chat with a Dementia Adviser
South Derbyshire Hilton Village Warm Space, Hilton Village Hall, Peacroft Lane, Hilton DE65 5GH	26 May 9.30-11:30am 30 June 10am-12noon 28 July 10am-12noon	Drop in, for people with symptoms of dementia and/or their carers	An opportunity to ask questions or have a friendly chat with a Dementia Adviser
South Derbyshire Melbourne Library Assembly Rooms, High Street, Melbourne DE73 8GF	22 June 2pm-4pm 27 July 2pm-4pm	Drop in, for people with symptoms of dementia and/or their carers	An opportunity to ask questions or have a friendly chat with a Dementia Adviser

Young Onset Dementia Support Group - ONLINE ONLY

Our Young Onset Dementia session is an informal but informative session developed for people living with dementia under the age of 65. Each session is an opportunity to share information and advice and is an opportunity to talk to other people all over the county. These sessions are run from 6pm on the first Tuesday of the month.

Who can attend: People affected by Young Onset dementia

Delivered by: Young Onset Dementia Adviser

Book a place by emailing derbyshire@alzheimers.org.uk or phone **01332 208845**

Carers Engagement – ONLINE

Our online carers engagement session is an informative session developed for carers of people with dementia. Each session is dedicated to a specific topic where information and advice is shared followed by an opportunity for open discussion between carers in a safe and informal environment. These sessions take place each month (Thursdays 5.30–7.00pm) on Zoom. Please check with website for upcoming topics.

Delivered by: Alzheimer's Society Group Facilitator – Rhys Wilkinson

Who can attend: Carers for people with a dementia diagnosis & those awaiting a diagnosis.

Book a place by emailing derbyshire@alzheimers.org.uk or phone **01332 208845**

Derbyshire Dementia Together Co-production Group – IN PERSON AND ONLINE

A group of people with lived experience working together to shape better dementia support in Derbyshire. An opportunity for carers to share their experiences in a safe space, discuss how to remove barriers and challenges, and have an input on how Dementia services are provided. Please check with website for more detailed information.

Who can attend: Derbyshire residents who care, or have previously cared, for a person living with a dementia diagnosis.

Co-Chaired by: Derbyshire County Council and an Expert by Experience; with facilitation by Alzheimer's Society.

Book a place by emailing vicki.baker@alzheimers.org.uk or phone **01332 208845**



*For all our groups it is important that you **BOOK A PLACE**, so if you are interested please contact us on **01332 208845** (Mon-Fri, 9am-5pm except bank holidays)*

Due to limited places, access to our groups is on a pre-booked basis only

If you are eligible and would like to attend one of our groups please contact us on **01332 208845**

All Venues have access to disabled toilets and parking onsite
Refreshments & Drinks are available free of charge

Area	Location	Day and Time	Activity
Amber Valley	Alfreton Town FC North Street Alfreton DE55 7FZ	3rd Wednesday of each month 10.30am– 12pm	20 May 2026 – Memory Café 17 June 2026 – Singalong Group 15 July 2026 – Memory Café etc.
Bolsover	Bainbridge Hall Community Centre Chapel Road Bolsover S44 6PX	2nd Monday of each month 11am – 12.30pm	11 May 2026 – Memory Café 08 June 2026 – Singalong Group 13 July 2026 – Memory Café etc.
Chesterfield	Chesterfield Fire Station Spire Walk Business Park Braidwood Way Chesterfield S40 2WH	4th Friday of each month 10am– 11.30am	22 May 2026 – Memory Café 26 June 2026 – Singalong Group 24 July 2026 – Memory Café etc.
Derbyshire Dales	Imperial Rooms Imperial Road Matlock DE4 3NL	1st Tuesday of each month 11am– 12.30am	05 May 2026 – Memory Café 02 June 2026 – Singalong Group 07 July 2026 – Memory Café etc.
Erewash	Ilkeston Fire Station Derby Road Ilkeston DE7 5EZ	1st Friday of each month 11am– 12.30am	01 May 2026 – Memory Café 05 June 2026 – Singalong Group 03 July 2026 – Memory Café etc.
	Erewash Voluntary Action Centre Granville Avenue Long Eaton NG10 4HD	3rd Tuesday of each month 10am– 12.00pm	19 May 2026 – Memory Café 16 June 2026 – Singalong Group 21 July 2026 – Memory Café etc.

Due to limited places, access to our groups is on a pre-booked basis only

If you are eligible and would like to attend one of our groups please contact us on **01332 208845**

Area	Location	Day and Time	Activity
North-East Derbyshire	Clay Cross Social Care Centre Market Street Clay Cross S45 9JE	4th Monday of each month 1.30pm – 3pm	25 May 2026 – Memory Café 22 June 2026 – Singalong Group 27 July 2026 – Memory Café etc.
	Dronfield Hall Barn High Street Dronfield S18 1PX	3rd Thursday of each month 11am–12.30pm	21 May 2026 – Memory Café 18 June 2026 – Singalong Group 16 July 2026 – Memory Café etc.
South Derbyshire	Melbourne Leisure Centre Cockshut Lane Melbourne DE73 8DG	1st Monday of each month 11am– 12.30pm	04 May 2026 – Memory Café 01 June 2026 – Singalong Group 06 July 2026 – Memory Café etc.
	Oakland Village Hall Farm Road Swadlincote DE11 8ND	4th Wednesday of each month 10am– 11.30pm	27 May 2026 – Memory Café 24 June 2026 – Singalong Group 22 July 2026 – Memory Café etc.

Online Groups

For more information or to request to join, contact us on
01332 208845 OR derbyshire@alzheimers.org.uk

Group	Day & Time
Carers Information Sessions	1st Thursday of the month 5:30pm-7pm
Young Onset Dementia Support Group	1st Tuesday of the month 6pm-7.30pm

Face-to-face/online hybrid

For more information contact us on 01332 208845 OR vicki.baker@alzheimers.org.uk

Co-Production Group	25 June 10.00am-12.00 Care homes & respite 27 August 10.00am-12.00 Groups & Creative Activities future dates: 22 October, 3 December
---------------------	--